To satisfy our customers by providing community and preventive health services that promote and improve the health, safety, well being, and quality of life of San Bernardino County residents and visitors.

Open to serve your public health needs
Monday — Friday 8:00 a.m. — 5:00 p.m.
For more information visit us at: www.sbcounty.gov/dph

Please call for schedules and appointments
(800) 722-4777

WIC Income Eligibility Guidelines
Effective April 1, 2009 until further notice
www.wicworks.ca.gov

WIC INCOME GUIDELINES

County of San Bernardino
Department of Public Health
381 North Mountain View Avenue
San Bernardino, CA 92415-0010
Phone: 800 – 792 – 4264
Fax: 909 – 387 – 0102
TDD: 909 – 387 – 0399
http://www.sbcounty.gov/dph

BARSTOW
303 East Mt. View Street
(Thursday’s only)

BIG BEAR LAKE
477 Summit Blvd.
(Friday’s only)

ONTARIO
1647 East Holt Blvd.

NEEDLES
1406 Bailey Avenue
Suite D
(Monday–Thursday)

SAN BERNARDINO
790 East Rialto Avenue
(800) 722-4777

REDLANDS
800 East Lugonia Avenue
Suite F

HESPERIA
16453 Bear Valley Road
**Child, Adolescent, and Family Services**

**Family Health Services** (800) 227-3034 or (800) 722-3777
- Routine physical check-ups for children birth to 20 years old
- Sex a doctor for prenatal care
- Parenting skills for teen mothers
- Support for families and caregivers coping with Sudden Infant Death Syndrome (SIDS)
- Free materials and presentations on childhood lead poisoning management and prevention
- Learn about the impact of labor induction on mothers and babies

**Coordinated Asthma Referral and Education (CARE) Program** (800) 782-4264
- Free home assessment, asthma management, and supplies for children under 18 who have asthma

**Car Seat Safety** (800) 782-4264
- Low-cost car seats for infants and children up to 8 years old, 80 lbs.
- Classes on the correct use of car seats and seat belts to prevent injury

**Women, Infants, and Children (WIC)** (800) 472-2321 or (909) 387-8301
- Nutrition education and vouchers for foods such as dairy products, whole grain bread and cereals, fruits and vegetables for pregnant, breastfeeding women, and infants and children under 5 years of age (income guidelines on back cover)

**California Children Services** (909) 387-8400
- Medical care for children and young adults up to age 21 with a serious, disabling illness
- Therapy services for children at school sites

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**General Public Health Services**

**Tobacco Use Reduction Now (TURN)** (800) 637-6653
- Quit smoking kits and resources
- Report smoking at a bar, business or worksite

**Healthy San Bernardino County Website**
www.HealthySanBernardinoCounty.org
- One-stop online source of community health data

**Disease Control and Prevention**

**Communicable Disease Helpline** (800) 722-4794
- Get answers to questions on diseases like Hepatitis, flu, MRSA, tuberculosis, food-related illnesses, and disease prevention

**HIV/AIDS** (909) 383-3060 or (800) 255-6560
- Anonymous and/or Confidential HIV testing and counseling services
- Rapid HIV testing (results in approximately 20 minutes)
- Medical and support services for persons living with HIV/AIDS

**Animal Care Services**

**Animal Care and Control** (800) 472-5609
- Pet adoption services and animal shelter information
- License for dogs
- Spay / Neuter vouchers
- Responds to complaints of animal abuse and other animal related issues

**Veterinary Services** (909) 387-9175
- Animal establishment permits

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**Clinic Services**

**Reproductive Health Services** (800) 722-4777
- Pregnancy tests, the Pill, IUD, Depo, Implanon, and condoms
- Vasectomy services for men
- Pap and breast exams
- Mammogram referrals for women over 40
- Parental consent not required for teens

**Prenatal Care** (800) 722-4777
- Prenatal care for pregnant women
- Health education and nutrition counseling for pregnant women
- Help with Medi-Cal applications for pregnancy care – free services if eligible

**Immunizations** (800) 722-4777
- Routine shots to prevent illnesses for children and adults
- Recommended shots for adults and children traveling outside the U.S.

**Tuberculosis** (800) 722-4777
- Skin tests
- X-rays and treatment services

**Sexually Transmitted Diseases (STD's)** (800) 722-4777
- Testing and treatment

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**Environmental Health Services**

**Food Protection** (909) 884-4056
- Responds to complaints of suspected food poisoning, unclean conditions and other food-related issues

**Housing / Property Improvement** (909) 884-4056
- Responds to complaints of unsafe multi-family and transient dwellings in the County

**Medical Waste / Tattoo** (909) 387-4655
- Inspects tattoo and permanent make-up facilities

**Mosquito / Vector Control** (909) 386-4600
- Responds to complaints of mosquito breeding sources, including non-maintained residential swimming pools and standing water
- Responds to service requests for control of mosquitoes, flies, ticks, fleas, roaches, Africanized Honey Bees, etc.

**Recreational Health** (909) 884-4056
- Inspects public swimming pools, waterslides, spas, and lakes for possible health and safety hazards
- Responds to complaints of unhealhly conditions

**Waste Management / Local Enforcement Agency (LEA)** (909) 387-4655
- Inspects and permits landfills, transfer stations, composting facilities, and refuse vehicles

**Water/Wastewater and Land Use Program** (909) 387-4655
- Inspects and permits small community and non-community water systems
- Inspects and permits liquid waste pumpers

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**Call 211 for more resource referrals and information. Services are free or low-cost.**