



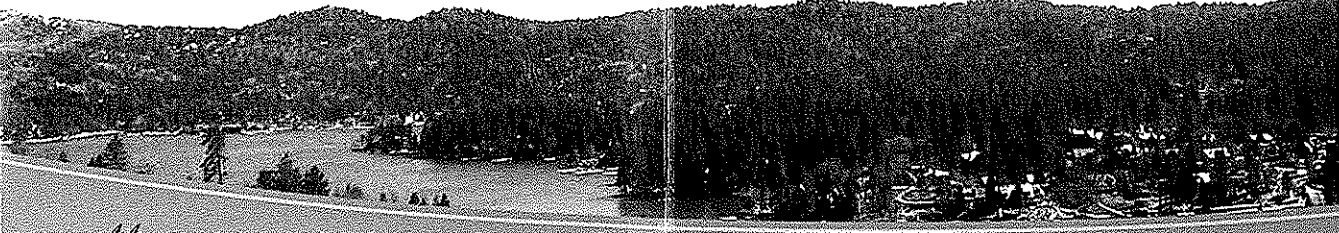
Service	Phone Number
Get a certified <b>birth</b> or <b>death</b> record	(909) 381-8990
Get <b>immunizations</b>	(800) 722-4777
Get <b>birth control</b> or a <b>pregnancy test</b>	(800) 722-4777
<b>Adopt a pet</b> , get a <b>dog license</b> , or report an <b>animal bite</b>	(800) 472-5609
Get a <b>food handler card</b>	(800) 442-2283

WIC Income Eligibility Guidelines			
Effective April 1, 2009 until further notice			
<a href="http://www.wicworks.ca.gov">www.wicworks.ca.gov</a>			
No. of persons in Family Unit	GROSS INCOME		
	ANNUAL	MONTHLY	WEEKLY
1	\$20,036	\$1,670	\$386
2	\$26,955	\$2,247	\$519
3	\$33,874	\$2,823	\$652
4	\$40,793	\$3,400	\$785
5	\$47,712	\$3,976	\$918
6	\$54,631	\$4,553	\$1,051
7	\$61,550	\$5,130	\$1,184
8	\$68,469	\$5,706	\$1,317
8+	\$6,919 per added family member	\$577 per added family member	\$134 per added family member

**WIC INCOME GUIDELINES**  
<http://www.fns.usda.gov/wic/howtoapply/incomeguidelines09-10.htm>

County of San Bernardino  
 Department of Public Health  
 351 North Mountain View Avenue  
 San Bernardino, CA 92415-0010

Phone: 800-782-4264  
 Fax: 909-387-0102  
 TDD: 909-387-6359  
<http://www.sbcounty.gov/dph>



## Mission

*To satisfy our customers by providing community and preventive health services that promote and improve the health, safety, well being, and quality of life of San Bernardino County residents and visitors.*

Open to serve your public health needs  
**Monday — Friday 8:00 a.m. — 5:00 p.m.**  
 For more information visit us at: [www.sbcounty.gov/dph](http://www.sbcounty.gov/dph)

Please call for schedules and appointments  
**(800) 722-4777**

**BARSTOW**  
 303 East Mt. View Street  
 (Thursday's only)

**NEEDLES**  
 1406 Bailey Avenue  
 Suite D  
 (Monday-Thursday)

**REDLANDS**  
 800 East Lugonia Avenue  
 Suite F

**BIG BEAR LAKE**  
 477 Summit Blvd.  
 (Friday's only)

**ONTARIO**  
 1647 East Holt Blvd.

**SAN BERNARDINO**  
 799 East Rialto Avenue  
 (800) 722-4777

**HESPERIA**  
 16453 Bear Valley Road

Developed by: Health Promotion and Education Services  
 Revised 3/2011 12-21597-611

# County of San Bernardino Department of Public Health



## Healthy People in Healthy Communities



**Client  
 Resource  
 Guide - 2011**

## CHILD, ADOLESCENT, AND FAMILY SERVICES

### Family Health Services (800) 227-3034 or (800) 722-3777

- Routine physical check-ups for children birth to 20 years old
- Find a doctor for prenatal care
- Parenting skills for teen mothers
- Support for families and caregivers coping with Sudden Infant Death Syndrome (SIDS)
- Free materials and presentations on childhood lead poisoning management and prevention
- Learn about the impact of labor induction on mothers and babies



### Coordinated Asthma Referral and Education (CARE) Program (800) 782-4264

- Free home assessment, asthma management and supplies for children under 18 who have asthma



### Car Seat Safety (800) 782-4264

- Low-cost car seats for infants and children up to 8 years old, 80 lbs.
- Classes on the correct use of car seats and seat belts to prevent injury



### Women, Infants and Children (WIC) (800) 472-2321 or (909) 387-8301

- Nutrition education and vouchers for foods such as dairy products, whole grain bread and cereals, fruits and vegetables for pregnant, breastfeeding women, and infants and children under 5 years of age (income guidelines on back cover)



### California Children Services (909) 387-8400

- Medical care for children and young adults up to age 21 with a serious, disabling illness
- Therapy services for children at school sites



## GENERAL PUBLIC HEALTH SERVICES

### Tobacco Use Reduction Now (TURN) (800) 637-6653

- Quit smoking kits and resources
- Report smoking at a bar, business or worksite



### Healthy San Bernardino County Website

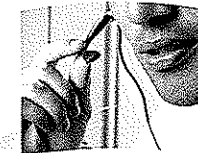
[www.HealthySanBernardinoCounty.org](http://www.HealthySanBernardinoCounty.org)

- One-stop online source of community health data

## DISEASE CONTROL AND PREVENTION

### Communicable Disease Helpline (800) 722-4794

- Get answers to questions on diseases like Hepatitis, flu, MRSA, tuberculosis, food-related illnesses, and disease prevention



### HIV / AIDS (909) 383-3060 or (800) 255-6560

- Anonymous and/or Confidential HIV testing and counseling services
- Rapid HIV testing (results in approximately 20 minutes)
- Medical and support services for persons living with HIV/AIDS

## ANIMAL CARE SERVICES

### Animal Care and Control (800) 472-5609

- Pet adoption services and animal shelter information
- License for dogs
- Spay / Neuter vouchers
- Responds to complaints of animal abuse and other animal related issues



### Veterinary Services (909) 387-9175

- Animal establishment permits

## CLINIC SERVICES

### Reproductive Health Services (800) 722-4777

- Pregnancy tests, the Pill, IUD, Depo, Implanon, and condoms
- Vasectomy services for men
- Pap and breast exams
- Mammogram referrals for women over 40
- Parental consent not required for teens



### Prenatal Care (800) 722-4777

- Prenatal care for pregnant women
- Health education and nutrition counseling for pregnant women
- Help with Medi-Cal applications for pregnancy care – free services if eligible



### Immunizations (800) 722-4777

- Routine shots to prevent illnesses for children and adults
- Recommended shots for adults and children traveling outside the U.S.



### Tuberculosis (800) 722-4777

- Skin tests
- X-rays and treatment services

### Sexually Transmitted Diseases (STD's) (800) 722-4777

- Testing and treatment



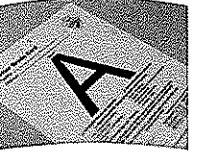
**Call 211**  
for more resource referrals  
and information.

Services are free  
or low-cost.

## ENVIRONMENTAL HEALTH SERVICES

### Food Protection (909) 884-4056

- Responds to complaints of suspected food poisoning, unclean conditions and other food-related issues
- Inspects places where food is eaten, made, or sold and places letter grade cards



### Housing / Property Improvement (909) 884-4056

- Responds to complaints of unsafe multi-family and transient dwellings in the County

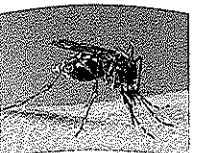


### Medical Waste / Tattoo (909) 387-4655

- Inspects tattoo and permanent make-up facilities

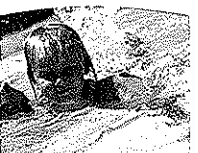
### Mosquito / Vector Control (909) 388-4600

- Responds to complaints of mosquito breeding sources, including non-maintained residential swimming pools and standing water
- Responds to service requests for control of mosquitoes, flies, ticks, fleas, roaches, Africanized Honey Bees, etc.



### Recreational Health (909) 884-4056

- Inspects public swimming pools, waterslides, spas, and lakes for possible health and safety hazards
- Responds to complaints of unhealthy conditions



### Waste Management / Local Enforcement Agency (LEA) (909) 387-4655

- Inspects and permits landfills, transfer stations, composting facilities, and refuse vehicles

### Water/Wastewater and Land Use Program (909) 387-4655

- Inspects and permits small community and non-community water systems
- Inspects and permits liquid waste pumpers